

Mentone Athletic Club Records U20

Event	Men	Women
100m	10.5 P.Fitzgerald 16/10/1970	12.0 (HT) J.Adams
200m	21.0 B.Besanko 23/03/1975	24.5 J.Maber
400m	47.4 Gary Minihan 14/10/1980 U19 47.65 Tim Rooke 26/06/2004	55.0 J.Maber
800m	1.51.79 Neil Brennan 1997	2.17.3 L.Edgerton
1500m	3.49.0 Wayne Clarke 15/03/1980	4.41.7 A.Kowacs
3000m	8.21.07 Martin Fedmowski 06/12/1999	11.02.0 A.Kovacs
5000m	14.40.6 J.Bee 19/09/1977 U19 15.28.52 Michael Kernahan 15/02/2015	
10000m	32.04 Michael Kernahan 03/12/2015	
2000m Steeplechase	5.56.2 A.Doherty 19/02/1978	8.29.56 Helena Hall 10/2006
3000m Steeplechase	9.46.67 Andrew Sutherland 12/02/1995	U19 11.37.48 Kelsie Vickery 28/03/2017
100m/110m Hurdles	110m 14.22 M.Wilson 23/01/1977	100m 14.88 Helen Wilkie 18/02/2006 U19 15.09 Helen Wilkie 11/12/2004
400m Hurdles	51.60 D.Horrobin 23/03/1979 U19 53.85 A.Wallace 16/03/1985	68.98 Carly Chapman 2001
Long Jump	7.16m D.Adams	6.20m Emma Cochrane 15/02/1998
Triple Jump	14.95m Ian Whittaker U19 14.63m Nathan Deslandes 26/02/2012	12.70m Jane Denning 18/08/2000
High Jump	2.00m Cameron Hughes 24/02/2008	1.82m Kathryn Spaulding 13/02/1998
Pole Vault	4.50m M.Priestley 1983	3.65m Jade De Bondt 25/02/2011
Shot Putt	18.29m A.Neighbour 29/11/1997	14.06m Rebecca Nielsen 18/02/2003 U19 13.65m Rebecca Neilsen 14/02/02
Discus	61.96m A.Neighbour 19/11/1994	43.19m Rebecca Nielsen 15/03/2001
Javelin	59.94m Sam Hanzell 11/04/2002 U19 54.46m D.McCaffery 1996	52.20m Gabrielle Neighbour 31/02/02
Hammer	58.47m Brendan Neighbour 31/01/2004	62.48m Gabrielle Neighbour 29/03/03 U19 60.17m Gabrielle Neighbour 20//07/02
Hept/Decathlon	5867pts Nathan Deslandes 03/2012	4941pts Sarah Wiltshire 22/02/1998
3km Walk	14.14.0 G.Bluett 26/10/1974	18.50.6 L.Ford
5km Walk	25.21.0 G.Bluett 29/06/1974	
4 x 100m relay	43.7 S.Bennett, P.Zahr, P.James, A.Griffiths	47.8 J.Adams, D.Morse, J.Maber, L.Edgerton
4 x 400m relay	3.18 Max Caruso, Wayne Clark, Stewart Dunn, Gary Minihan 08/03/1981	4.04.36 Helen Wilkie, Launa Groves, Bhey Orwin, Cath Wilkie 12/10/2004
Medley relay		4.23.7 Claudy Spencer, Carly Chapman, Brooke Sadler, Emma